

**2008 Gwinnett County Swim League  
Championship Meet  
Order of Events**

**Saturday, July 19, 2008**

**Session 1 (8 & Unders)**

Warm-up at 7:30 AM  
Starting Time: 9:20 AM  
(Session concludes at approximately 12:45)

This session will begin with an “honorary heat” swum by invited swimmers with disabilities.

Girls	Age	Event	Boys
1	8&Under	100 Free Relay	2
3	8&Under	100 Medley Relay	4
15 Minute Break			
5	8&Under	50 Freestyle	6
15 Minute Break			
7	6&Under	25 Freestyle	8
9	7-8	25 Freestyle	10
11	6&Under	25 Backstroke	12
13	7-8	25 Backstroke	14
15	8&Under	25 Breaststroke	16
17	8&Under	25 Butterfly	18

**Saturday July 19, 2008**

**Session 2 (Ages 9-10)**

Warm-up at 1:30PM  
Starting Time: 3:15PM  
(Session concludes at approximately 6:45 PM)

GIRLS	AGE	EVENT	BOYS
19	9-10	100 Freestyle Relay	20
21	9-10	100 Medley Relay	22
Break :15 Minute			
23	10 & U	100 IM	24
25	9-10	50 Freestyle	26
Break : 15 minutes			
24	9-10	25 Freestyle	28
29	9-10	25 Backstroke	30
31	9-10	25 Breaststroke	32
33	9-10	25 Butterfly	34

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**Sunday July 20, 2008**

**Session 3(Ages 11-12)**

Warm-up at 7:30 AM

Starting Time: 9:20 AM

(Session concludes at approximately 12:45 PM)

GIRLS	AGE	EVENT	BOYS
35	11-12	200 Freestyle Relay	36
37	11-12	200 Medley Relay	38
Break : 15 minutes			
39	11-12	100 Freestyle	40
41	11-12	50 Freestyle	42
43	11-12	50 Backstroke	44
Break : 15 Minutes			
45	11-12	100 IM	46
47	11-12	50 Breaststroke	48
49	11-12	50 Butterfly	50

**Sunday July 20, 2008**

**Session 4 (Double Session - Ages 15-18 Pool A & 13-14 Pool B)**

Warm-up at 1:00 PM

Starting Time: 2:45 PM

(Session concludes at approximately 7:15 PM)

**All relays will be in Pool A – main pool on Diving Well side**

Pool A – Relays

GIRLS	AGE	EVENT	BOYS
51	13-14	200 Freestyle Relay	52
53	15-18	200 Freestyle Relay	54
Break : 5 minutes			
55	13-14	200 Medley Relay	56
57	15-18	200 Medley Relay	58
Break : 15 minutes			

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**Session 4 (Double Session - Ages 15-18 Pool A & 13-14 Pool B), continued**

**Individual Events**

**Pool B – On GA Tech Locker Room side**

GIRLS	AGE	EVENT	BOYS
59	13-14	100 Freestyle	60
61	13-14	50 Freestyle	62
63	13-14	50 Backstroke	64
		Break: 15 minutes	
65	13-14	100 IM	66
67	13-14	50 Breaststroke	68
69	13-14	50 Butterfly	70

**Pool A – on Diving Well side**

GIRLS	AGE	EVENT	BOYS
71	15-18	100 Freestyle	72
73	15-18	50 Freestyle	74
75	15-18	50 Backstroke	76
		Break : 15 minutes	
77	15-18	100 IM	78
79	15-18	50 Breaststroke	80
81	15-18	50 Butterfly	82

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**Warm Up Schedule**

Warm-up Groups: For the 2007 County Meet, teams are divided into three warm-up groups that are assigned alphabetically with some modification based on numbers. The assigned times for these warm-up groups rotates daily. Lane assignments will remain the same for each day. **Please take note that the schedule is different for each day.** The Sunday afternoon session will begin very quickly after the morning sessions finish. Teams in the Sunday afternoon first warm-up need to be in place.

Warm-up Procedures: Each Warm-up session is 30 minutes in length. There is a 5-minute period between warm-up sessions. This time is to be used to clear the pool and to prepare for the next session. Please be on the deck prior to the start time of your warm up and ready to move into position upon the instruction of the Warm-up Official. When instructed to clear the pool at the end of your warm-up session, please do so promptly.

Each team is assigned one warm-up session. This is the only time that your team will be allowed in the pool during the warm-up schedule. Please note that these sessions rotate daily. The diving well is not to be used for warm-ups or cool downs at any time.

There will be a Deck Official responsible for the Warm-up Session. Do not start your warm-up until instructed to do so by this official.

Safety: Coaches are expected to monitor safety in their own assigned lanes. During general warm-up with circle swimming, all swimmers must enter the water feet first from the primary start end of the pool. If diving starts are to be practiced, swimmers may not as individuals return to the block area by means of the water, but must either wait at the center of the pool until all swimmers in that lane have taken a practice dive and then return as a group, or they must exit the lane at the opposite end of the pool and walk around. Younger swimmers, who will start from the scoreboard side of the pool, may use those blocks for practice, but again, one-way swimming rules apply. Relay take-offs may be carefully practiced, but only one set of blocks may be used at any time. In lanes with more than one team, coaches should coordinate these procedures ahead of time.